

Focused Core Longtones

for use with or without play-a-long

available from <http://www.tntech.edu/brass/trombone>

3/19/05 edition

- 1) Breathe on all rests. Keep the air moving constantly, taking either one or two beats to inhale.
- 2) Take advantage of the two measure countoff to internalize the tempo and breathe in time as indicated. Each breath should take two beats whenever possible.
- 3) Play all examples mp-mf to keep your sound consistent, once this is easy, gradually increase your volume.
- 4) Try to maintain the same core to your sound as you glissando down to each held pitch.
- 5) Pay attention to sound above all. The first time using these, try closing your eyes as you glissando to each successive note and use your ears to tell you when you are in tune rather than relying on muscle memory or visual cues.
- 6) If using play-a-long tracks, listen carefully to bass line to match intonation. If no play-a-long track is available, use a tuner for all long notes.

♩ = 60 + IN OUT IN



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