B-flat/C/E-flat/F Treble Volume/Tone Control Longtones

for use with tuner and metronome 3/20/05 edition

- 1) Breathe on all rests. Keep the air moving constantly, taking either one or two beats to inhale.
- 2) Internalize the tempo and breathe in time as indicated. Each breath should take two beats whenever possible.
- 3) Start each example as quietly as is comfortable and crescendo just below the level at which you start to lose control of the pitch. Then decrescendo to nothing at the end of each note.
- 4) Use a tuner and try to maintain the same core and intonation throughout each pitch.
- 5) Pay attention to sound above all. Pick a tempo at which you can keep good control throughout.
- 6) When you reach the highest point in the exercise at which you sound comfortable, skip to the corresponding pitch in the descending portion of the study and continue from there, resting as needed.
- 7) This exercises take tremendous concentration and can be very tiring. Always remember that there is no substitute for the study of longtones in improving your sound and control.
- 8) Take this opportunity to tape record yourself playing and listen to your sound periodically during your breaks. If you do not have access to a high quality tapedeck, use whatever is available and listen for changes in timbre as you crescendo and dimenuendo, trying to keep your *quality* of sound constant, regardless of the *quantity* of sound you are producing.









