Practice Record for Trombone Basics

Name:				

Initial Lesson Date: _____

Exercise	Monday	Tuesday	Wednesday	Thursday	Friday	Caturday	S unday
Tonguing • Breath Attacks	J =	J=	J =				
Tonguing • Single tongue - "T"/"D"	J =	J =					
Tonguing • Single tongue - "K"	J =	J =	J =	J =	 =	J =	J =
Tonguing • Double - "TK"	J =	J =	J =	J =	 =	J =	J =
Tonguing • Triple - "TTK"/"TKT"	J =	J =	J =	J =	 =	J =	J =
Lip Flexibilities • Short	J =	J =	J =	J =	 =	J =	J =
Lip Flexibilities • Long	J =	J =	J =	J =	 =	J =	J =
Scale of the week •	J =	J =					