



Dress Code – Athletic Performance Center

1. It is suggested that teams issue Tennessee Tech equipment for workouts at the Athletic Performance Center.
2. All student-athletes must wear shoes at all times; the individual student-athlete is responsible for ensuring that his or her shoes are clean before participating. Student-athletes that have unacceptable dirt on their footwear will be responsible for clean-up.
3. All student-athletes must wear a shirt at all times. Shirts that are abnormally modified without the prior approval of the Director of Athletic Performance will not be permitted. Shirts must be waist length. All tank tops must be issued by Tennessee Tech and are considered a part of the acceptable practice and competition uniform.
4. Spandex shorts and tights are permitted, provided that they are issued by Tennessee Tech and are part of the acceptable practice and competition uniform.
5. Shorts not issued by Tennessee Tech are required to have a four inch inseam with no abnormal modifications.